

<b>All times are approximate dependant on conditions and numbers</b>			
<b>Date</b>	<b>Time</b>	<b>Walk</b>	<b>Where to meet</b>
<b>1 January</b>	10:30 - 12:30	Whitchurch Down	Down Road, Tavistock (PL19 9AG)
<b>8 January</b>	10:30 - 12:30	Kit Hill	Kit Hill entrance car park (PL17 8HR)
<b>15 January</b>	10:30 - 12:30	Lopwell Dam	Lopwell Dam car park (PL6 7BZ)
<b>22 January</b>	10:20 - 12:30	Calstock via Albaston	Calstock Quay car park (PL18 9QA)
<b>29 January</b>	10:30 - 12:30	Weir Quay	Layby on quayside near pylon, Weir Quay (PL20 7BS)
<b>5 February</b>	10:30 - 12:30	Tavistock Railway & Canal	Pixon Lane car park, Tavistock (PL19 9AZ)
<b>12 February</b>	10:30 - 12:30	Tokenbury Corner Circular	Tokenbury Corner car park (PL14 5PJ)
<b>19 February</b>	10:30 - 12:30	<b>NEW WALK</b> Harrowbarrow	Harrowbarrow Village Hall car park (PL17 8BQ)
<b>26 February</b>	10:30 - 12:30	Bere Alston	Bere Alston station (PL20 7EU)
<b>5 March</b>	10:15 - 12:30	Luckett & Old Mill	Luckett car park, beside bridge (PL17 7HP)
<b>12 March</b>	10:30 - 12:30	Wheal Fanny	Tamar Trails car park (PL19 8JE)
<b>19 March</b>	10:30 - 12:30	Yelverton to Clearbrook	Harrowbeer airfield (PL20 6BT)
<b>26 March</b>	10:30 - 12:30	Deer Park Farm	Deer Park Farm, Luckett (PL17 8NW)



## January - March 2025

A walking group for all ages.

A great way to meet new people, explore your area, and improve your health – and it's free!

Please meet for a 10.30am start unless stated.

Walks are approximately 2 hours long.

These walks are led by qualified walk leaders.

**NO NEED TO BOOK!**

## Walk & Talk Tamar Valley - every Wednesday morning



**Tamar Valley**  
National  
Landscape

<p><b>Whitchurch Down</b>  <b>Meet</b> 10:30am, Down Road, Tavistock, PL19 9AG.  A circular walk on the downs, with coffee and mince pies at the end.</p>	<p><b>NEW WALK Harrowbarrow</b>  <b>Meet</b> Harrowbarrow Village Hall car park, PL17 8BQ.  Walk on lanes and along to footpath through a mining area. Return via lanes.</p>
<p><b>Kit Hill</b>  <b>Meet</b> 10:30am, Kit Hill entrance car park, PL17 8HR.  A walk that follows various paths, via chimney stack and quarry.</p>	<p><b>Bere Alston</b>  <b>Meet</b> 10:30am, Bere Alston station, PL20 7EU.  Clockwise route via fields and lanes.</p>
<p><b>Lopwell Dam</b>  <b>Meet</b> 10:30am, Lopwell Dam car park, PL6 7BZ.  Walk through woods near river and return via road.</p>	<p><b>Luckett &amp; Old Mill</b>  <b>Meet</b> 10:30am, Luckett car park, beside bridge, PL17 7HP.  Cross bridge and go left, right and left again to Broadgate. Follow path to the lane, then go right, left, then right again at junction. Down to Old Mill. Crossford and follow lane ahead. Follow Tamar Valley Discovery Trail through Deer Park Farm to a lane. Downhill to car park.</p>
<p><b>Calstock via Albaston</b>  <b>Meet</b> 10:20am, Calstock Quay car park, PL18 9QA.  Catch 10:42 bus to Albaston. Return down footpath to white gate and on through Danescombe Valley (change or bus pass required).</p>	<p><b>Wheal Fanny</b>  <b>Meet</b> 10:30am, Tamar Trails car park, PL19 8JE (cash or card need for parking machine (£1.20 for 2 hours)).  Follow paths down to lake at Wheal Fanny. Retrace steps up hill after break and follow different route back to car park.</p>
<p><b>Weir Quay</b>  <b>Meet</b> 10:30am, layby on quayside near pylon, Weir Quay, PL20 7BS.  Circular route via Hole's Hole, plus lanes and woods.</p>	<p><b>Yelverton to Clearbrook</b>  <b>Meet</b> 10:30am, Harrowbeer airfield, PL20 6BT.  Cross road to Drake's Trail and go left at Elford Town Farm. Follow track down through woods to Clearbrook. Return via tunnel and uphill across two fields with stiles and onto trail.</p>
<p><b>Tokenbury Corner Circular</b>  <b>Meet</b> 10:30am, Tokenbury Corner car park, PL14 5PJ.  Cross moorland up to the mast. Return downhill.</p>	<p><b>Deer Park Farm</b>  <b>Meet</b> 10:30am, Deer Park Farm (near farmhouse), Luckett, PL17 8NW.  The farmer will lead us around fields and farmland.</p>
<p><b>Tavistock Railway &amp; Canal</b>  <b>Meet</b> 10:30am, Pixon Lane car park, Tavistock, PL19 9AZ.  Walk through The Meadows towards bus station, then uphill via roads and steps to reach footpath. Cross viaduct and continue ahead for a while. Retrace steps back across viaduct and continue ahead to main road. Zebra crossing and estate to canal and return via The Meadows.</p>	<p><i>For further information on preparing yourselves for our walks, please visit <a href="http://www.tamarvalley-nl.org.uk/discover-explore/walking/#walk-talk-anchor">www.tamarvalley-nl.org.uk/discover-explore/walking/#walk-talk-anchor</a> and scroll down to 'Be prepared', or email <a href="mailto:enquiries@tamarvalley.org.uk">enquiries@tamarvalley.org.uk</a></i></p>